

TALLAHASSEE COMMUNITY COLLEGE

In the News



February 11, 2013-March 1, 2013

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TALLAHASSEE COMMUNITY COLLEGE

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- March 1, WTXL Fundraiser for Anthony Revell Scholarship Fund
- March 5, WTXL Campus Snapshot – STEM students attend regional conference

Notre Dame looks to recruit area high school, TCC students

Sean Rossman

Tallahassee high school students are drawing the attention of big name universities far beyond Florida.

At just under 1,000 miles away in South Bend, Ind., administrators from Notre Dame University will be visiting Tallahassee high schools next week to recruit Tallahassee's top tier students.

To Joe Hurd, a [Tallahassee Community College](#) math professor and Notre Dame alum, Tallahassee and North Florida have earned a reputation for churning out talented students and athletes. Seeing that talent, Hurd started the Notre Dame Alumni Schools Committee with two other Tallahassee Notre Dame alumni.

The committee works to build a relationship between Tallahassee high schools and the university.

"Tallahassee is a hot bed of talent," said Hurd, who added that the area has a number of unique factors working in its favor. The city's seen a growing number of health-care sector jobs due to a growing number of retirees, and the state work force brings in talent from all over the state. Also, the children of university professors are very well educated.

"Tallahassee's blessed with the three universities," Hurd added.

Six Tallahassee students have applied in the early admissions round of applications to Notre Dame this year, a procedure Hurd calls "a very competitive and brutal process."

On Feb. 19, Moloney and other Notre Dame administrators will be at Florida State University High School, Lawton Chiles High School and Maclay High School. An open house will be held at John Paul II High School that night for area high school students and middle school students to come out and meet the Notre Dame staff.

On Feb. 20, the staff will be at Lincoln High School, [Tallahassee Community College](#) and Leon High School.

"I think it will be a great opportunity to see what Notre Dame is about," said Hurd. "We're hoping to increase our footprint."

Jim's Pianos Supports Scholarship Foundation at Stubbs' Variety Extravaganza

Jim's Pianos to help award music and collegiate educational scholarships during annual Extravaganza Ball.

Tallahassee, FL (PRWEB) February 20, 2013

Jim's Pianos, serving Southern Georgia and the Big Bend Areas of Florida for more than 50 years, will support the Stubbs' Educational Foundation award for music education at SEF's Annual Variety Extravaganza Ball., The event which will be held on Saturday, February 23 from 6-10 p.m. at the Tallahassee Antique Car Museum.

Music education enhances a person's life and work. Therefore, Stubbs' Educational Foundation is glad to provide scholarships for music, dance and arts lessons, which propel a student into a lifelong learning adventure. After years of receiving these scholarships, applicants are further supported in their education with scholarships available to [Tallahassee Community College](#). The vision of the foundation is to continue expanding these scholarships well beyond North Florida and South Georgia.

Foundation President Martha Stubbs shares the belief that "music instruction is a vital factor in the character development and well-being of all persons of all ages. It is the goal of SEF to make music more accessible in the community by providing music and academic scholarships for students in North Florida and South Georgia. At least 70 percent of the scholarships go to financially need-based recipients and the remaining to merit recipients. Through our community partners – Boys and Girls Clubs of the Big Bend, Boys Town of North Florida, [Tallahassee Community College](#), Lighthouse Children's Home and Good Samaritan United Methodist Church – we have been able to enhance the lives of many children that may have never had the opportunity to learn music."

Stubbs' Educational Foundation awards nearly \$50,000 in music and collegiate educational scholarships every year. Jim's Pianos and owner, Jim Sims, have been faithfully supportive since the inception of the foundation in 1994. Information on the foundation is available on their website at <http://www.stubbsfoundation.org>.

Interested parties can also become a supporter today by becoming a sponsor and or contacting Director Marianne Hernandez to become a Dream Maker. Become a Dream Maker by sponsoring one student scholarship for \$1,500 or a commitment of \$125 per month.

Tickets for the Extravaganza Ball are \$50 and include a night of delicious cuisine, live music and dancing, as well as a silent auction. More information on the Extravaganza is available at <https://www.facebook.com/events/489076271119877>.

About the company:

At Jim's Pianos, they achieve a high level of customer satisfaction by upholding the principle that no service is final until the customer is completely happy. Owner James R. Sims has built his business based on a philosophy of exceptional service and fair prices. His expertise ranges from sales, to personal in-home tunings, and complete restoration of musical heirlooms. Manager Gina Marie Senters is a Tallahassee native with a Bachelors Degree and experience in Music Education and Music Ministry. She has a passion to see schools, homes, and houses of worship equipped with the best pianos possible. She works to provide professional and knowledgeable services which put Jim's Piano Customers first. For more information, visit their website at <http://www.jimspianos.com>.

Cage Fights For A Cause: MMA Event to Raise Money for Revell Scholarship

Tallahassee Mixed Martial Arts (MMA) Combat Nights Release.

Tallahassee Mixed Martial Arts (MMA) Combat Nights is putting on a Charity MMA event in Tallahassee, March 2nd. We have put on multiple mixed martial arts events in town, as well as across the state of the Florida. Our goal is to give back to the community and get everyone involved.

The charity we will be sponsoring with this event will be The Anthony Revell Scholarship. If you do not know about the scholarship, it is in honor of Anthony Revell, a law enforcement agent who passed away 6/29/2011. While riding his motorcycle, he collided with an ambulance at the intersection of High Rd. and Tennessee St. In his memory, a scholarship foundation has been created at [Tallahassee Community College](#), since he was graduate of the local college.

We have an event filled day planned for March 2nd in his honor. After weigh-ins at the Hobbit American Grill on Pensacola St. on Friday at 5:00 PM, Saturday will start with a charity car wash at 10:00 AM at Status Liquors on the corner of Tennessee St. and White Dr. There will be food, beverages, and music going all day until 5:00 PM. Combat Night will be giving away tickets for their event that night to anyone that donates \$25.00 or more to the Anthony Revell Scholarship.

At the MMA fights that night, we are also proud to have a Ultimate Fighter 17 reunion. In case you did not know, The Ultimate Fighter (TUF) is a reality show on FX networks, that takes rising MMA stars and puts them in a house as they fight for a contract in the highest organization of mixed martial arts, the UFC.

If you are also unaware, one of the members on the show is local MMA star Josh Samman. He and his partner, Mitchell Chamale, (also another professional fighter and FSU graduate) are the ones responsible for the company. They followed their dream and are now helping amateur fighters by giving them an opportunity to fight for a promotion that is unmatched in the amateur level, and most professional events for that matter. They are building amateur's careers through great exposure at incredible venues.

The Ultimate Fighter 17 is currently being shown Tuesday nights on FX at 9:00 PM. Not only will Josh Samman, be

present at the event, but he will also have other fighters from the show in attendance. It will be a TUF 17 reunion, with Josh Samman, Adam Cella, and Clint Hester. This part alone will be an opportunity that people may never get again. To have three professional, high level, talented MMA fighters, that are also TV stars in the same building. tAnd the best part, is that building will be right here in Tallahassee.

The MMA event will be held at very popular Coliseum. The doors will open at 6:00 PM, with the first fight starting at 7:00 PM. The event will end at 10:00 PM.

Just to recap...

- March 2nd
- Charity Car Wash
- TUF 17 Reunion
- Amazing Night of LIVE MMA cage fights

The Combat Night, MMA Event wants to help out with this scholarship as much as we can, as it is in honor of a local fallen law enforcement agent. Your help will be very much appreciated.

www.combatnight.com

www.facebook.com/combatnight

Oasis hosts screening and discussion for black women

ALICIA JARMAN

The Oasis Center for Women & Girls held a film screening and discussion at the Black Archives Research Center and Museum on Sunday.

Attendees viewed short films and discussed the relationship between historical contemporary issues and the intersection of race and gender in the U.S.

Haley Cutler, executive director of Oasis, welcomed and informed guests of the organization's mission.

"We are a nonprofit organization in Tallahassee whose mission is improving the lives of women and girls through celebration and support," Cutler said.

The short film "Black is...Black Ain't" focused on subjects such as hair, beauty and sexuality. Yolanda Fairell, a sociology professor at [Tallahassee Community College](#), facilitated the discussion. She spoke about the struggles black women face in a white society.

"Black women that white society deems beautiful have to give into white standards of beauty, like straight hair and fair skin," Fairell said.

After the screening, guests began a discussion. Cheryl Moore, a Tallahassee resident, had strong opinions.

"I believe everyone needs to find their self-value," Moore said. "Once that happens, nobody's opinion matters."

Hip-hop artists, their suggestive lyrics and the effects music has on young black men were also discussed.

"Lyrics such as those lead the black male to glorify having sexual intercourse with a lot of different women," Moore said.

According to Cutler, important issues concerning the well being of African-American females will be discussed at a public hearing Thursday at Workforce Plus.

"In this hearing, some issues that will be discussed are violence against women, women-friendly workplace policies and African-American girls being expelled more frequently," Cutler said.

For information on the hearing, call 850-222-2747.

TCC student body president works to change campus culture

Clarece Polke

Adia Blaize navigated a long and convoluted route to get to **Tallahassee Community College**. Now she's determined to develop more of a sense of community among the students at the commuter school.

TCC's student body president started off at Paine College, a private historically black college in Augusta, Ga. After spending several semesters there, the 24-year-old Miami native decided to transfer to an in-state school, which landed her in Tallahassee. She then worked for almost two years before enrolling at **TCC**.

Deciding to transfer, she said, was one of the best decisions she ever made. In just a few short years, she's championed campus initiatives like bringing Rate My Professor to **TCC**, hosting forums to promote more transparency regarding student fees and proposing a school-wide dress code to discourage sloppy dress, including sagging pants. She's also sponsored events like a campus-wide presidential debate watch party last semester.

"It was **TCC** that brought out that character in me," Blaize said. "I needed time to focus and figure out what exactly I wanted to do, and SGA has definitely helped me do that. My mentors here kept me going and saw so much in me, even when I wasn't sure of myself."

Since being elected student body president in 2012, Blaize said her main focus has been to promote a spirit of unity and school pride within the community college. With more than 14,000 students enrolled in the two-year programs and no on-campus housing, Blaize said it is too easy for students to "wake up, go to class and go home," and not get involved.

TCC President Jim Murdaugh said he admires Blaize's initiatives to promote more of a campus culture and engage students.

"We want people to come to college with the understanding that college is an opportunity to grow and prepare for life beyond college," Murdaugh said. "In college, learning is more than what happens in the classroom. College is the ideal time to find yourself as a student and as a person."

In addition to participating in student government, Blaize also worked with her younger sister to form a leadership and community service group called Know Her. The student organization was formed to promote female

empowerment and a sense of sisterhood among young women on campus.

Blaize's older sister, Yolanda, said her sister's passion for everything she does — whether it's SGA or school or her new-found vegetarianism — is part of what makes her a strong leader.

"She's really focused on setting an example for the student body and her younger sister," Yolanda said. "It took her a bit of time to figure out where she wanted to be, but once she figured it out she put her mind to it and has been getting it done."

Student body vice president Sylvie Michel agreed. She said Blaize's commitment to her position is obvious.

"This is not just a nine to five," Michel said. "She definitely takes SGA home. It's not something she turns on and off. It's her life."

In between a full schedule of courses and putting in more than 40 hours a week with student government, Blaize still finds time to unwind. She often cooks traditional Caribbean food from her grandmother's cookbook or flies kites from her collection.

The self-described "loner" said an important lesson she has learned in her position is how to "lighten up" and open up more to her peers.

"I think that the impressions of me have changed," Blaize said. "That's something that I had to work on, is not being such a stickler and letting a lighter personality come out."

Despite a series of successful milestones, Blaize said this semester has been particularly difficult time for SGA. One university leader — Sharon Jefferson, vice president for student affairs — retired earlier this semester. Another, Doug Waddell, director of campus life, has been out on leave.

"I'm going to learn so much from this," Blaize said. "Not having our director and vice president here, people who you take for granted are going to be there, and knowing that they might be coming to a shift in their career is unexpected. But, it's an opportunity to showcase what we have accomplished to someone new."

TCC student body president works to change campus culture...

continued

Although Blaize is preparing to transfer to Florida State at the end of the semester to get a degree in social work, she wants to leave behind a legacy of school pride and an interactive student government.

Murdaugh said having Blaize on board to help support some of the administrative initiatives makes all the difference among students.

"I have been extremely impressed, frankly," Murdaugh said. "She is exactly the kind of student that you hope will step into a leadership role. The voice of students leading other students matters very much, and she's the kind of student that I think is a good role model for other students. I could put out a directive from the president's office, and it simply wouldn't carry the same weight if it didn't have recognition from other students."

Tallahassee Democrat - February 27, 2013

Tallahassee Community College Fine Art Gallery:

Tallahassee Community College Fine Art Gallery: "Holy Remnants." Mixed media sculptures and watercolor paintings by Linda Hall. The show depicts the delicate yet powerful connection we have to the natural world. Free. Hours: 12:30-4:30 pm. Mon.-Fri. through March 28. Fine and Performing Arts Center, 444 Appleyard Drive, 201-8713 or 201-8083.

TCC set to welcome students from Tianjin Foreign Studies University

TALLAHAASSEE, Fla. (March 1, 2013) – On March 6, [Tallahassee Community College](#) will welcome two visiting students from Tianjin Foreign Studies University.

Tianjin students Min Han and Yechuan Hu were selected through a process that began last summer when [TCC](#) professor Lee Kitchen led a course in International Business and Business Plan Development while visiting the university.

Kitchen's course requirements included developing a business plan for importing Florida grapefruit into Tianjin, China, as well as a business model for increasing tourism along Florida's Emerald Coast.

Out of all entries submitted, Han and Hu's received awards for best overall business plans (i.e., written report, oral presentation and trade display). During their visit to Tallahassee, they will present their winning entries to the director of the Florida Department of Agriculture, the marketing director and other staff members.

According to Kitchen, a visit with the Emerald Coast Tourism Board is also on the proposed itinerary.

While in Tallahassee, the students will also meet with different local and state leaders, including State Representative and [TCC](#) faculty member Michelle Rehwinkel-Vasilinda.

Local Student Has a Healthy Passion for Science

Many successful scientists began their careers with a personal passion. Tallahassee native Andrew Koutnik is taking that path as well. Koutnik, who is an alumnus of both Chiles High School and Tallahassee Community College, graduated from Florida State University in December 2012, with a bachelor's degree in Exercise Science and a 3.95 GPA.

Now, at age 23, he is already listed as a co-author on two published academic papers and on several others being prepared for publication. Koutnik traces the roots of his academic success—and his professional interest in Exercise Science—to his personal experience with health and wellness. At age 16, he decided to improve his self image by changing his exercise and eating habits and lost more than 70 pounds in less than a year. Then when he was nearly 17, he became seriously ill while on a family vacation in Washington, D.C., and landed in the hospital, where he was diagnosed with Type 1 Diabetes. "It didn't dawn on me until my first meal outside of the hospital that I was going to have to prick my finger (to test blood sugar), calculate my insulin needs, and poke myself with a syringe at every meal for the rest of my life." Koutnik started to eat regimented healthy meals, developed a weightlifting protocol, and began exploring ways to gain greater control of his diabetes. With diligence, he developed an eating and insulin system that helped him make progress in the gym while maintaining consistently good blood glucose levels. "That's when I developed my work ethic," he said.

I saw the results of putting in hard work in the gym and controlling my diabetes and how it paid off." By the time he headed to college, Koutnik was primed to tackle his education with a great deal of focus and self-discipline. Recognizing her young student's ability and drive, Dr. Joi Walker, professor of chemistry at TCC, pushed Koutnik to set high goals and to seize every opportunity to achieve them. Koutnik has followed that advice. Not long after transferring to FSU, he became a volunteer student researcher assisting with several studies in the Cardiovascular Laboratory led by Dr. Arturo Figueroa. Then in Koutnik's senior year, Figueroa gave him the opportunity to undertake an honors thesis project investigating the effects of passive vibration on cardiovascular function in people who have had a stroke. That led to further opportunities in other labs—and other publications. Koutnik also served as an ambassador for the Student Council for Undergraduate Research and Creativity, worked on FSU's undergraduate research journal, and joined FSU's medical mission trip to Ecuador in 2012. Dr. Joe O'Shea, director of the Office of Undergraduate Research, said Koutnik is committed to helping others and "goes out of his way to advise and mentor younger students." Koutnik is now wrapping up a publication based on his honors thesis research and looking forward to attending medical school or pursuing graduate studies and further research. The key to success, he says, is to never turn down a good opportunity. "Each opportunity that I took led to another opportunity. If you say 'yes' to the opportunity, you're going to keep moving forward."

Find an In-Demand Career in Healthcare

Apply to these
TCC Healthcare Programs
by May 6

Dental Assisting
Dental Hygiene
EMT
Nurse Assistant
Nursing
Paramedic
Pharmacy Tech
Respiratory Care
Surgical Tech
Sonography



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Apply today for Summer and Fall 2013

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**Published in Leon, Lincoln and Chiles March newsletters*

The college of choice!

Tallahassee Community College offers the excitement and intellectual stimulation of a mid-size college with the individual attention that comes from small classes and caring faculty.



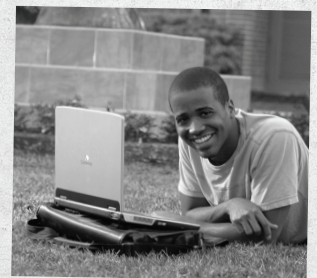
ACADEMIC ENRICHMENT

Grow your mind through TCC's honors program, award-winning Model UN team, study abroad experiences and university partnerships.



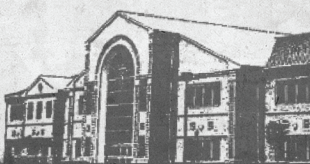
VIBRANT CAMPUS LIFE

Get connected with student organizations, volunteer opportunities, intramural sports, music ensembles and performing arts groups.



DISTANCE LEARNING

TCC's distance learning courses meet the same academic criteria as traditional courses, yet give you the flexibility to gain college credit from the comfort of your own home.



The College of Choice

Tallahassee Community College is one of the nation's top community colleges. In 2012, we were ranked top ten nationally among two-year institutions for the number of associate in arts degrees awarded—a ranking that exemplifies our dedication to student success.

Every semester, over 14,000 students choose Tallahassee Community College as the next step in their educational journey. Many are preparing for transfer to a university (nearly 75 percent of our A.A. graduates go on to study at state universities in Florida). Others are learning the skills they need to move directly into the workforce in diverse fields from healthcare to law enforcement to engineering. TCC students excel both inside and outside the classroom. They are serious about their education and about making an impact after graduation.

TCC offers over 90 academic and career programs and more than 600 courses. Plus, through our university partnerships, TCC students have the opportunity to earn bachelor's and master's degrees without ever leaving TCC's campus.

Campus life at TCC offers something for everyone. Our students have diverse interests—they're athletes, actors, artists, musicians, activists and entrepreneurs. Our Model U.N. program is nationally-recognized and our Speech and Debate team is among the best in the country and a perennial powerhouse at regional and national tournaments. Get connected through our Campus Life office and learn more about the dozens of student clubs, organizations and volunteer opportunities.

The community we serve is always changing, and TCC anticipates those changes and grows to meet the needs of our students. Whether the College is leading the way with student-involved sustainability projects or advancing the state of healthcare in our region with our state-of-the-art healthcare education center, all of our initiatives and programs



CONNECT WITH US ON FACEBOOK

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